BRITISH POWERLIFTING ORGANISATION
2011 BRITISH OPEN DEAD LIFT RECORD BREAKERS CHAMPIONSHIPS
RIPPED GYM, HARLOW, ESSEX, ENGLAND
4th DECEMBER

								SQUAT				BENCHPRESS				DEADLIFT								
M/N	NR	ST.	CAT.	BDW.	NAME	Town/City	CAT.	1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilks	PL.	4. SQ	4. BP	4.DL	Coef.
					DEAD LIFT 1st FLIGHT																				
m																									
n			-82.5	77.40	Sue Davies 42	St Ives	WM40+									165.0	175.0	-185.0	175.0	163.21	1.				0.9326
m																									
n			-75.0	71.60	Dawn Morrell 50	Devizes	WM50+									-165.0	-165.0				B				0.9797
m																									
m			-90.0	88.30	Jack Woodyatt 18	St Ives	T15-19									210.0	220.0	-222.5	220.0	141.83	1.				0.6447
m																									
m			-90.0	85.30	Sebastian Nazarian 30 (Guest)	IPO	Open									190.0	200.0	210.0	210.0	137.97	G				0.6570
m																									
m			-90.0	84.80	Michael Phillips 56	Dundee	M55+									220.0	232.5	-240.0	232.5	153.26	1.				0.6592
m																									
m			-100.0	94.50	Terry Smith 48	Shirley	M45+									185.0	195.0	210.0	210.0	130.94	1.				0.6235
m																									
m			-100.0	97.50	Rupert Jenkins 40	Devizes	M40+									215.0	225.0	235.0	235.0	144.53	1.				0.6150
m																									
m			-125.0	111.30	Scott Massingham 40	St Ives	M40+									250.0	-270.0	270.0	270.0	158.33	1.				0.5864
m																									
m			-140.0	133.00	Andrew Cairney 32	Glasgow	Open									300.0	320.0	330.0	330.0	185.92	1.				0.5634
m																									
m			-140.0	136.40	David Gladwell 34	St Ives	Opne									-270.0	270.0	-292.5	270.0	151.47	2.				0.5610
m																									

MC: Allison Hough
HEAD-REFEREE
NAME: Dean Drury INT

LEFT-REFEREE
NAME: David Carter INT

RIGHT-REFEREE
NAME: Robert Campbell INT

BRITISH RECORD

Eddy Pengelly Memorial Shield Best Dead Lift: Andrew Cairney 185.92 points