

**2007 UK OPEN POWERLIFTING & BENCH PRESS CHAMPIONSHIPS**  
**30TH SEPTEMBER - VENUE: YMCA, STEPHNEY STREET, LLANELLI, SOUTH WALES**

| Weight Class        | Age Class | Age | BW    | Comp | Name             | Nation | Team | SQ 1 | SQ 2  | SQ 3  | SQ 4th | BP 1 | BP 2  | BP 3 | BP 4th | Sub. Tot. | DL 1 | DL 2 | DL 3  | DL 4th | Total Result | Comments |
|---------------------|-----------|-----|-------|------|------------------|--------|------|------|-------|-------|--------|------|-------|------|--------|-----------|------|------|-------|--------|--------------|----------|
| <b>GROUP ONE</b>    |           |     |       |      |                  |        |      |      |       |       |        |      |       |      |        |           |      |      |       |        |              |          |
| <b>POWERLIFTING</b> |           |     |       |      |                  |        |      |      |       |       |        |      |       |      |        |           |      |      |       |        |              |          |
| 60                  | O         | 26  | 59.3  | P    | Heather Scullion |        |      | 92.5 | 102.5 | 107.5 |        | 37.5 | 45    |      |        | 152.5     | 105  | 120  | 130   |        | 282.5        | 1st      |
| 67.5                | M40+      | 43  | 62.6  | P    | Adam Willis      |        |      |      | 180   |       |        |      | 117.5 |      |        | 297.5     | 180  | 190  | 195br |        | 502.5        | 1st      |
| 82.5                | Jun       | 23  | 81.2  | P    | Arram Eghoyam    |        |      | 190  | 210   |       |        | 160  |       |      |        | 370       | 210  | 230  |       |        | 600          | 1st      |
| 82.5                | Jun       | 20  | 81.2  | P    | Arwyn Brain      |        |      | 170  | 180   | 190   |        | 125  |       | 135  |        | 325       | 170  | 180  | 190   |        | 515          | 1st      |
| 90                  | O         | 38  | 89.85 | P    | Philip Watkins   |        |      |      |       |       |        |      |       |      |        |           |      |      |       |        |              | Bombed   |
| 82.5                | M40+      | 40  | 86    | P    | Lee Hough        |        |      | 190  |       |       |        | 130  | 135   |      |        | 325       | 190  | 200  |       |        | 525          | 1st      |
| 100                 | O         | 35  | 92.4  | P    | Joseph Roderick  |        |      | 180  | 190   | 200   |        | 135  | 145   | 155  |        | 355       | 200  | 215  |       |        | 560          | 1st      |
| 90                  | M40+      | 44  | 92.1  | P    | John Boyer       |        |      | 195  | 205   |       |        | 140  | 145   | 150  |        | 355       | 180  | 190  |       |        | 555          | 1st      |
| <b>BENCH PRESS</b>  |           |     |       |      |                  |        |      |      |       |       |        |      |       |      |        |           |      |      |       |        |              |          |
| 82.5                | Jun       | 23  | 81.2  | BP   | Arram Eghoyam    |        |      |      |       |       |        | 160  |       |      |        |           |      |      |       |        | 160          | 1st      |
| 90                  | Jun       | 20  | 86.8  | BP   | Chris Donoghue   |        |      |      |       |       |        | 135  | 140   |      |        |           |      |      |       |        | 140          | 1st      |
| 110                 | M40+      | 44  | 102.3 | BP   | Tony Brown       |        |      |      |       |       |        |      |       |      |        |           |      |      |       |        |              | Bombed   |
| 125                 | M40+      | 42  | 125.5 | BP   | Charlie Evans    |        |      |      |       |       |        | 190  | 195br |      |        |           |      |      |       |        | 195          | 1st      |

**Best Overall Bench Press: Charli Evans**  
**Best Overall Powerlifter: Adam Willis**

**br: denotes British Record**  
**Referees: Bob Campbell**  
**Allison seabright**  
**David Carter**